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Depression Era Cooking with Dan and Lizzy *Independence Public Library*

By Michelle Toale-Burke

*“Cooking is all about people.
Food is maybe the only
universal thing that really has
the power to bring everyone
together. No matter what
culture, everywhere around the
world, people eat together.”*

-Guy Fieri, American
Restaurateur

Dan and Lizzy Lake are back with us at IPL for a virtual Depression-era meal demonstration March 25 at 6:30pm via Zoom. Pull up a chair and join this virtual event from the comfort of your home. Sit back and watch Dan and Lizzy as they recreate a “hobo dinner”. If you haven’t tuned into Dan and Lizzy’s cooking show before, you’re in for a real treat and perhaps a bit of entertainment as well!

Cooking during the Depression-era required some creativity to make a delicious meal utilizing basic ingredients that were on hand. While the ingredients may have been basic, the combining of them is what helped create a hearty meal and delicious dessert to feed a large family. Of course, Dan will be the first to tell you that his mom’s cooking was a great inspiration to him. How she created a tasty meal for their large family wasn’t lost on him.

Dan and Lizzy have been cooking together for years. They began the Lake cooking team by entering a local barbecue contest many years ago, and they have been going strong ever since. It’s an understatement to point out they have the seasoning part down to a science. This fact alone is worth tuning in for. Who isn’t interested in finding out what seasonings help make that bland meal edible? While they may not have a brick and mortar restaurant to call their own, consider yourself lucky that they are willing to share their cooking tips and know-how.

The Zoom link for “Depression-era Cooking with Dan and Lizzy” virtual program can be found on our website, Facebook page, or in our weekly enewsletter. Thank you to Fareway for sponsoring this program. For more information, please email iplprograms@gmail.com or call the library at 319-334-2470.